

7/01/2018 to 6/30/2019

TIER I Basic

2017 Calendar Year Earnings (Minimum \$37,500)

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$244	\$248	\$144	\$148	\$984	\$584
Participant plus 1	\$1,738	\$1,779	\$1,638	\$1,679	\$7,034	\$6,634
Family	\$3,179	\$3,256	\$3,079	\$3,156	\$12,870	\$12,470

TIER I

2017 Calendar Year Earnings (\$37,500-\$55,000)

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$244	\$248	\$144	\$148	\$984	\$584
Participant plus 1	\$343	\$349	\$243	\$249	\$1,384	\$984
Family	\$381	\$388	\$281	\$288	\$1,538	\$1,138

Tier III Buy-Up Option

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$1,642	\$1,681	\$1,542	\$1,581	\$6,646	\$6,246
Participant plus 1	\$2,852	\$2,921	\$2,752	\$2,821	\$11,546	\$11,146
Family	\$3,981	\$4,078	\$3,881	\$3,978	\$16,118	\$15,718

TIER II

2017 Calendar Year Earnings (\$55,001-\$80,000)

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$320	\$326	\$220	\$226	\$1,292	\$892
Participant plus 1	\$442	\$451	\$342	\$351	\$1,786	\$1,386
Family	\$509	\$519	\$409	\$419	\$2,056	\$1,656

Tier III Buy-Up Option

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$673	\$687	\$573	\$587	\$2,720	\$2,320
Participant plus 1	\$964	\$986	\$864	\$886	\$3,900	\$3,500
Family	\$1,228	\$1,256	\$1,128	\$1,156	\$4,968	\$4,568

TIER III

2017 Calendar Year Earnings (\$80,001 and above)

Coverage Type	Quarterly		Quarterly with Wellness Incentive*		Full Year	Full Year with Wellness Incentive*
	7/01/18-12/31/18	1/01/19-6/30/19	7/01/18-12/31/18	1/01/19-6/30/19		
Participant	\$502	\$512	\$402	\$412	\$2,028	\$1,628
Participant plus 1	\$617	\$630	\$517	\$530	\$2,494	\$2,094
Family	\$733	\$749	\$633	\$649	\$2,964	\$2,564

2018 Wellness Incentive Details

The Wellness Incentive is a **\$400 per year** (\$100 per quarter) reduction in your self-pay premium which you earn by completing certain health-related goals each year you are a participant in the Welfare Fund. (Please note that the incentive program is for active participants and is not available to retirees.)

Participants with current coverage:

To continue receiving the incentive starting **1/01/19**, you need to successfully complete 1 of the 5 MOVE IT or LOSE IT challenges during **2018**.

- Option 1: Local One Biggest Loser Challenge (February to June)
- Option 2: Weight Loss—Flexible Start
- Option 3: Food Logging
- Option 4: Local 1 Step Challenge (July to October)
- Option 5: Fitness Membership and/or Activities

To join a challenge (*if you haven't already done so*), please send an email to **Wellness@FundOneIATSE.com** including your name and date of birth letting us know which challenge you are interested in and we will email you back with detailed instructions.

New Participants (no coverage as of 7/1/2017):

To qualify for the Wellness Incentive program, new participants and their covered spouses must have a Wellness Exam (what we used to call an annual physical) during **calendar year 2018**.

You will need to have your wellness exam by 12/31/2018 in order to qualify for the \$100 per quarter reduction in your self-pay premium starting July 1, 2018. You will either need to provide written proof of the exam at the time of payment or pay the regular self-pay premium with the understanding that we will credit you for the incentive the following quarter.

The reason this incentive is being offered is that the Trustees believe that it is vitally important we all see a doctor at least once a year. Early detection of chronic diseases like high blood pressure or diabetes generally results in better outcomes for patients, and lower costs for treatment. Annual Wellness visits help ensure that we receive recommended screenings and care, and that when we do get sick, we have an ongoing relationship with a doctor and don't end up in an emergency room. (Improper use of ER's is a huge area of waste.) We believe that this is a win-win for both you and the Fund as a whole.

Please call the Fund Office if you have any questions about the details of the incentive program.