

Volume 1, Issue 2

May 23, 2008

If you have any questions regarding your Welfare, Pension or Annuity benefits, please let us know!

How you can reach us:

• VISIT US at the Fund Office: 320 West 46th Street, 6th Floor, between 8th and 9th avenues

• CALL US at: (212)247-5225 or toll free at (800)974-2873

• FAX US at: (212)977-9319

• EMAIL US:

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We look forward to hearing from you!

Benefit News and Tips



The Deadline for 2008-09 Welfare Open Enrollment is JUNE 1!

You should have received your Welfare Coverage enrollment package for the Plan Year beginning on July 1, 2008 in early May.

Please note that the deadline for submitting enrollment forms is June 1, 2008. If you are a new participant who does not currently have welfare coverage, you must return your completed enrollment form by this date. If you are a current participant, you only need to complete and return your enrollment form if you need to change

your coverage type (Member, Member plus 1, or Family), add or drop eligible dependents, or change your address.

Please remember to fill out the enrollment form accurately and completely to insure that there won't be any problems or delays processing your enrollment and your coverage will be in effect on July 1 of the new Plan Year. In particular, please remember that you must attach copies of birth certificates, marriage

certificates, and social security cards for all new dependents. We will not be able to process your enrollment unless we receive all of the necessary documentation.

If you have any questions about open enrollment or your welfare coverage in general, please call or email Gloria Shea, Welfare Supervisor for the Fund Office at:

(212)247-5225 gashea@fundoneiatse.com

The Actors Fund For Everyone in Entertainment

If you don't know about the benefits provided to you through the Welfare Fund's Member Assistance Program, a program administered for us by The Actors Fund, you need to check out the brochure we are enclosing with this mailing. This tremendous organization, which is celebrating its 125th anniversary, has for many years provided Local 1 members with a

wide range of wonderful and important services. They have helped many of us through life's difficult times, and they continue to do so every day. Many of you may be aware of The Actors Fund fine work with members and family members that have experienced problems with alcohol or drugs at some point in their lives. Their extremely competent staff works

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Have you visited myCIGNA.COM yet?

We were very pleased to learn from CIGNA recently that more and more of our Welfare Fund participants are visiting and making use of the resources provided for you at myCIGNA.com. On this web site you can access all kinds of information regarding your health insurance coverage: details about your coverage

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The Actors Fund (continued)

closely with our members, the Fund Office, and CIGNA to assess individual needs, develop treatment plans, and provide support to those struggling with an addiction problem throughout the recovery process.

But this is just one of the services The Actors Fund provides to our members. The Actors Fund social workers work with our members to provide short term counseling for problems ranging from emotional difficulties, problems managing stress, all the way to helping members deal with financial problems. They can assist members in locating in-network individual and family psychotherapists. They provide career counseling, referrals for legal services, help with locating affordable housing, and health related services including smoking cessation and nutrition. They provide free workshops related to financial planning, housing seminars, and stress and time management. They run support groups related to addiction recovery, managing anxiety and depression, and career transition issues. They provide free

screenings for cholesterol, blood pressure, skin cancer, and many other health related issues. There is something for everyone in the long list of services The Actors Fund provides us.

So how do you make use of their services? First find that brochure we stuffed in this mailing. In it you will find a full description of their services and full contact information. If you're reading this and don't have the brochure, call or stop by the Fund Office and pick up another one. Or just call the Member Assistance Program line at **(212)221-7300, ext. 119**.

You may also want to check out their web site at **ActorsFund.org** to get additional information about their programs, and schedule information for their workshops.

We salute and thank The Actors Fund for the great service they have provided — and continue to provide, to our Local 1 participants and families!



myCIGNA.com (continued)

including who is covered, claims information, and deductible and out-of-pocket year-to-date totals. You can order a new ID card, or print a temporary one. You can research doctors, hospitals and other facilities; the provider directory will give you detailed physician profiles in 21 specialties. On the pharmacy tab you have access to the CIGNA Tel-Drug Home Delivery program and can track your order history, order prescriptions or receive price quotes by email. You can get answers to your prescription questions by following the "Ask a Pharmacist" link, and can search CIGNA's prescription drug list to learn about CIGNA's preferred brand equivalents that could save you money on your drug co-pays.

But it is much more than just an information source about your health coverage. The site also features tools and resources that can help you take control of your health and wellness. One of these tools is something they call **My Health Assessment**. This confidential online questionnaire can help you identify and monitor your health status. You can also find out how your family health history may affect you, learn about preventive care, and check your progress toward your health goals. Based on your responses, you'll learn if you are at any risk for certain conditions like diabetes or high blood pressure, and also receive recommended next steps to help you get started on a path to better health.

If you are new to **myCIGNA.com** you will first need to register. To do this you will need your member ID which you can find on your member ID card.

So please check it out and let us know if you have any suggestions for the site that we can pass on to CIGNA.

