

Volume 2, Issue 4

October 23, 2009

If you have any questions regarding your Welfare, Pension or Annuity benefits, please let us know!

How you can reach us:

- VISIT our new Web Site:
www.FundOneIATSE.com
- COME UP to the Fund Office:
320 West 46th Street, 6th Floor,
between 8th and 9th avenues
- CALL us at :
(212)247-5225
or toll free at
(800)974-2873
- FAX us at: (212)977-9319
- EMAIL us:

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We look forward to hearing from you!

Benefit News and Tips



CIGNA's 24-hour Health Information Line: (800)564-9286

Have you ever had a situation where you had a health related question and didn't know where to go for a quick answer? Maybe it's the middle of the night or you are traveling out of town and have a medical issue. As a Welfare Fund participant, you have 24-hour access to health information by phone, toll free, every day, from anywhere.

When you call the CIGNA health information line, you will have the opportunity to speak confidentially with a registered nurse. The nurse will ask you some questions and then provide you with helpful

information or, if you are experiencing symptoms of an illness or have an injury, help you decide on the most appropriate medical care. If you are away from home, the nurse can also help you locate nearby doctors, health care facilities and pharmacies.

You may call the health information line when you have a condition that requires immediate attention, need information on when and where to seek medical treatment, need help with questions to ask your doctor, or even if you just want information

about treatment options or plain language explanations for treatment plans and medical terms.

Included with this newsletter is a brochure from CIGNA for the Health Information Line, a magnet for your refrigerator with the phone number, and a directory of pre-taped topics from CIGNA's Health Information Library.

REMEMBER that if you ever need the Health Information Line, you can access the service by calling the number on your CIGNA Health-care ID card.



REMINDER: Welfare Plan Divorce Rule

There are rules in the Welfare Plan that, if you aren't aware of them, could cost you a great deal of money . . . and even cause you to lose your welfare benefits. One of the rules that participants sometimes forget is that **YOU MUST CONTACT THE FUND OFFICE IF YOU GET DIVORCED OR LEGALLY SEPARATED.**

The reason for this is that when you get divorced or legally separated, your ex-spouse is no longer

eligible for welfare coverage. If you don't tell the Fund Office about your divorce, and your ex-spouse continues to use your welfare benefits, **YOU** (not your ex-spouse) will be responsible for premium expense and/or claims that are paid after the divorce, plus interest and expenses. If it is determined that a fraud has been committed, your benefits could be suspended and you could face legal prosecution.

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Late payers to be Terminated 10/31!

Terminating the health coverage of someone who accidentally misses the self-pay premium deadline is one of the hardest things we have to do in the Fund Office. But there are a few of you every quarter who, despite our best efforts, accidentally miss the drop dead date. For your sake and the sake of your family, don't take any chances with this very important benefit.

Please pay your premium on time.

H1N1 Flu Virus Prevention

Nobody knows for sure how bad the 2009 H1N1 ("swine") flu outbreak is going to be this flu season, but there is enough concern out there that we should all take steps to help reduce the risk of infection for ourselves and our families. Following are some precautions we should take. They are all common sense, but the trick is remembering them and making them a part of your ongoing daily routines.

- Wash your hands frequently with soap and water for 20 seconds. Think about what your hands are touching. Beware of frequently touched common surfaces: phones, computer keyboards, subway poles, etc.
- If you can't wash frequently, keep some hand sanitizer handy. Use it after coughing, sneezing, or blowing your nose. Use it after using tools shared with other stagehands.
- Avoid touching your nose, mouth and eyes. If you do pick something up on your hands, don't escort it up to the front door and welcome it in.
- To the extent possible, minimize close contact with other people. This is difficult or impossible living, working and commuting in New York City, but any reduction in close contact will reduce your risk.
- Maintain a healthy lifestyle. Pay attention to what you eat and make sure you get the rest that you need.
- Stay home if you are sick.

It appears that the young are most at risk with this particular flu as they have had less opportunity to develop immunities that may help those of us with a little more mileage on us. You need to protect your children by not bringing the virus home, and by teaching them the hygiene habits that can help to protect them while they are in school.

Welfare Divorce Rule (continued)

If you are getting divorced you may also want to consider changing your pension and annuity beneficiary designations. Contact the Fund Office at (212)247-5225 and we will walk you through any changes that you may need to make or consider.

Remember that as a participant in the Welfare, Pension and Annuity Plans, you are responsible for knowing the rules of the Plans. You should have copies of the Summary Plan Descriptions (SPDs). If you can't find your SPD copies, you can review them online at www.fundoneiatse.com, or request paper copies from the Fund Office.

☞

**Daylight savings time
ends on Sunday,
November 1.
Don't forget to turn back
your clocks!**

F a t Facts

- ◆ In 1970, Americans spent about **\$6** billion on fast food. In 2001, we spent **\$110** billion.
- ◆ Between 1962 and the year 2000, the number of obese Americans grew from **13% to 31%** of the population.
- ◆ 3.8 million people are over 300 lbs, over 400,000 people (mostly males) carry over 400 lbs. The average adult female weighs 163 lbs.
- ◆ According to the Surgeon General report, obesity is responsible for **300,000 deaths** every year.

You are considered "overweight" if you have a Body Mass Index (BMI) between 25 to 30, and "obese" if your BMI is 30 or more. To calculate your BMI, you can go to:

www.webmd.com/diet/calc-bmi-plus

If your BMI is 25 or higher, you could be at risk for high blood pressure, high cholesterol, heart disease, stroke, diabetes, arthritis, low-back pain, skin and psychological disorders.

NYS Young Adult Coverage

Welfare participants should have recently received a notification from CIGNA regarding a change in New York law that gives dependent children the right to continue medical coverage, up to age 30, after they reach the maximum child age in their parent's policy. For our Welfare Fund, this law goes into effect on January 1, 2010.

In addition to being less than age 30, to qualify for coverage your child will have to be unmarried, and you would have to be a current participant in the Welfare Plan.

Your child would not need to live with you, or be financially dependent on you.

The NYS Young Adult Coverage premium expense is not subsidized by the Welfare Plan. Premiums for this coverage are paid in full by the participant. The premium rates effective January 1, 2010 will be \$350/month for Tier I, \$445/month for Tier II, and \$675/month for Tier III coverage.

If you have any questions regarding eligibility or cost for NYS Young Adult Coverage, please call Gloria Shea at (212)247-5225, ext. 104.

☞

Health Information LineSM

It's 2 a.m.

*Your child has a fever. Or you're traveling,
you don't feel well, and you are unsure about
the symptoms. Or you helped a friend on moving day,
you injured your back, and you don't know
if you should treat it yourself or see your doctor.*

The answers are as close as the phone.

When you choose CIGNA HealthCare, you have access to a valuable health information resource anytime you need it. Anywhere in the U.S.

You and your participating family members can call our CIGNA HealthCare Health Information LineSM any time, any day of the year and receive assistance and answers to your health care questions. Speak with a specialist trained as a nurse or, if you prefer, listen to any of the more than 1,000 topics recorded in our Health Information Library.

Your call is always free and the number is always handy because it's printed right on your CIGNA HealthCare ID card.

It's just one of the benefits of choosing CIGNA HealthCare. Use this bookmark so you'll always know exactly where to turn.

www.cigna.com



Anytime You Need It

It's 5:30 in the morning
When you're alone
Before you lift it
The first time it happens
Feeding the baby
Because it won't stop
You just discovered it
From your office
You had a minute
Just to double-check
Your mother would know
what to do
You called before and they helped
Her teacher mentioned it
It's so convenient
Now what?
It's not serious but should
I see the doctor?
It's so annoying
You don't know if it is contagious
Is it just part of growing up?

The CIGNA HealthCare Health Information LineSM

**Call the toll-free
number on your
CIGNA Healthcare
ID card.**

**Helpful health
information by phone.
Whenever you need it.**

Tension Headaches
Sinus Problems
Face Lifts • Pinkeye
Rhinoplasty (Nose Job)
Bad Breath
Thumb Sucking Breast Cancer
Teenage Concerns
Breathing Others' Smoke
Snoring and Sleep Apnea
Starting an Exercise Program
Symptoms
Diabetes and Exercise
Lyme Disease
Sprains and Strains
Can Your Diet Prevent Cancer?
Kidney and Urinary Tract
Infections
Snacking for Weight Control
HIV/AIDS
Information and Referral
Prostate Cancer
Pregnancy and Childbirth
Ovarian Cysts • Hemorrhoids
Knee Injuries • Ingrown Toenails

**Plus more than a
thousand other topics
from head to toe,
inside and out.**

**Toll-free nationwide
for participants only.**

The Information provided by the Health Information Line, Health Information Nurses and Health Information Library is provided in good faith by CIGNA HealthCare as a service for its members. It is not intended to be a substitute for a proper medical care provided by a physician nor is it intended to overrule a physician's recommendations. CIGNA HealthCare assumes no responsibility for any circumstance arising out of the use, misuse, interpretation or application of any of the information supplied by this program. Always consult with your doctor for appropriate examinations, treatment testing and care recommendations. If your symptoms worsen or become severe, call your doctor immediately. If you have questions about any of the information provided by this program, call your doctor or CIGNA HealthCare Member Services.

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A cough, fever, new diagnosis, pain
that's getting worse...Get answers from
a CIGNA nurse. Day, night, weekends.
We're there when you need us.

1-800-564-9286

And learn more about a health related topic
or new diagnosis at www.myCIGNA.com

Health Information on the Go!

For 24-hour guidance on medical treatment, call the Health Information Line for live support or listen to hundreds of topics on the latest health information in the audio library.

Audio Library Catalog — When you find a topic in which you're interested, note the code, and then call the toll-free number on your ID card. Follow the voice prompts and enter the code - you'll be listening in seconds. Or, to download a podcast to your mobile device, visit your benefits website.

Allergies

- 1000 Allergies
- 1007 Allergy Shots
- 2770 Drug Allergies
- 1002 Food Allergies
- 2338 Hives

Asthma

- 1981 Asthma in Teens and Adults

Back and Neck Pain

- 1463 Herniated Disc
- 1450 Low Back Pain
- 1457 Neck Pain
- 2174 Surgery For Low Back Problems

Blood and Lymph

- 1533 Complete Blood Count
- 2623 Iron Deficiency Anemia
- 2756 Rh Sensitization During Pregnancy
- 1460 Swollen Lymph Nodes
- 2680 Toxic Shock Syndrome

Bones, Joints and Muscles

- 1030 Arthritis
- 2162 Arthroscopy
- 1780 Bunions
- 2103 Bursitis and Tendon Injury
- 2104 Carpal Tunnel Syndrome
- 1950 Chronic Fatigue Syndrome
- 1038 Fibromyalgia
- 1039 Gout
- 1463 Herniated Disc
- 2160 Hip Replacement Surgery
- 1031 Juvenile Rheumatoid Arthritis

- 1450 Low Back Pain
- 1033 Lupus
- 2106 Muscle Cramps And Leg Pain
- 1457 Neck Pain
- 2259 Osteoarthritis
- 1032 Osteoporosis
- 1784 Plantar Fasciitis
- 1034 Rheumatoid Arthritis
- 2169 Rotator Cuff Disorders
- 2163 Should I Have Knee Replacement Surgery
- 1456 Sports Injuries
- 2105 Strains, Sprains, Fractures, And Dislocations
- 2151 Surgery For Carpal Tunnel Syndrome
- 2174 Surgery For Low Back Problems
- 1461 Temporomandibular (TM) Disorders
- 1404 Tension Headaches

Brain and Nerves

- 1060 ALS (Lou Gehrig's Disease)
- 1061 Alzheimer's Disease
- 1062 Bell's Palsy
- 1453 Benign Paroxysmal Positional Vertigo
- 1069 Bipolar Disorder
- 2104 Carpal Tunnel Syndrome
- 1536 CT Scan of the Body
- 1071 Dementia
- 2057 Depression
- 1515 Diabetic Neuropathy
- 1080 Dyslexia
- 2052 Eating Disorders
- 1537 Electroencephalogram
- 1539 Electromyography and Nerve

Conduction Studies

- 1064 Encephalitis
- 1063 Epilepsy

- 2032 Erection Problems
- 1068 Guillain-Barré Syndrome
- 1463 Herniated Disc
- 2400 Insomnia
- 1542 Magnetic Resonance Imaging
- 1644 Ménière's Disease
- 1405 Migraine Headaches
- 1065 Multiple Sclerosis
- 1457 Neck Pain
- 1066 Parkinson's Disease
- 1067 Stroke
- 1081 Stroke Rehabilitation
- 2151 Surgery For Carpal Tunnel Syndrome
- 2174 Surgery For Low Back Problems
- 1404 Tension Headaches

Cancer

- 1841 Be Tobacco Free
- 1531 Breast Biopsy
- 1105 Cancer Pain
- 2245 Care at the End of Life
- 1113 Colorectal Cancer
- 2240 Hospice Care
- 1124 Lung Cancer
- 1111 Ovarian Cancer



CIGNA

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it's time to start

1128 Prostate Cancer
 1129 Skin Cancer
 1120 Women's Cancers
Children's Health
 1250 Attention Deficit
 Hyperactivity Disorder
 1251 Bed-Wetting
 1254 Chickenpox
 1240 Child Abuse and Neglect
 1278 Childhood Rashes
 1230 Domestic Violence
 1264 Ear Infections
 2165 Ear Tubes
 1455 Fever, Age 4 and Older
 1837 Healthy Eating for
 Children
 1279 Immunizations
 1272 Impetigo
 1031 Juvenile Rheumatoid
 Arthritis
 1274 Measles or Rubeola
 1275 Mumps
 1462 Nausea And Vomiting,
 Age 4 And Older
 1280 Pinworms
 1259 Reye's Syndrome
 1283 Roseola
 1284 Rubella, or German
 Measles
 1288 Teething
 1247 Temper Tantrums
 1292 Thrush
 1289 Thumb-Sucking
 1290 Toilet Training
 1293 Urinary Tract Infections
 in Children

Diabetes

1515 Diabetic Neuropathy
 1516 Diabetic Retinopathy
 1504 Gestational Diabetes
 1506 Home Blood Sugar
 Monitoring
 1512 Prediabetes
 1508 Type 1 Diabetes
 1500 Type 2 Diabetes
 1501 Type 2 Diabetes: Living
 With Complications
 1502 Type 2 Diabetes: Living
 With the Disease
 1503 Type 2 Diabetes: Recently
 Diagnosed

Digestion

1547 Abdominal Ultrasound
 1452 Antidiarrheals

1600 Appendicitis
 1540 Barium Enema
 2000 Bulking Agents and
 Laxatives
 1257 Colic
 1110 Colon Polyps
 1113 Colorectal Cancer
 1451 Constipation
 1618 Crohn's Disease
 1536 CT Scan of the Body
 1454 Diarrhea, Age 12 and
 Older
 1605 Diverticulosis
 1402 Food Poisoning
 2154 Gallbladder Surgery
 1608 Gallstones
 1612 Gastroesophageal Reflux
 Disease
 1610 Heartburn
 1952 Hepatitis
 1953 Hepatitis B
 2159 Hernia Surgery
 1403 Inguinal Hernia
 1611 Irritable Bowel Syndrome
 (IBS)
 2164 Laparoscopy
 1462 Nausea And Vomiting,
 Age 4 And Older
 1613 Peptic Ulcer Disease
 1609 Rectal Problems
 2158 Surgery for Hemorrhoids
 1603 Ulcerative Colitis
 1541 Upper Gastrointestinal
 Series
 1407 Viral and Bacterial
 Infections
 2757 Weaning

Disease and Injury Prevention

2204 Accident And Injury
 Prevention
 1295 Early Disease Detection
 1904 Heart Attack Prevention
 1279 Immunizations
 1544 Pelvic Exam And Pap Test
 1545 Prostate-Specific Antigen
 Test

Ear, Nose and Throat

1453 Benign Paroxysmal
 Positional Vertigo
 1264 Ear Infections
 2165 Ear Tubes
 1640 Earwax
 1646 Hearing Loss
 1641 Labyrinthitis

1648 Laryngitis
 1644 Ménière's Disease
 1458 Nosebleeds
 1406 Sinusitis
 1459 Strep Throat
 1643 Swimmer's Ear
 2171 Tonsillectomy and
 Adenoidectomy
 1560 Tonsillitis

Eyes and Vision

1711 Age-Related Macular
 Degeneration
 2152 Cataract Surgery
 1709 Cataracts
 1710 Color Blindness
 1703 Contact Lens Care
 1516 Diabetic Retinopathy
 1708 Eye Inflammations
 1705 Eye Injuries
 1700 Eye Problems
 1717 Floaters and Flashers
 1712 Glaucoma
 1716 Should I Have
 Laser Surgery for
 Nearsightedness?
 1713 Strabismus
 1702 Vision Tests

First Aid

1750 Animal And Human Bites
 1755 Blisters
 2332 Boils
 2000 Bulking Agents and
 Laxatives
 1761 Burns
 1781 Calluses And Corns
 1255 Choking Rescue
 Procedure
 2007 Cold And Allergy
 Remedies
 2333 Cold Sores
 1451 Constipation
 2003 Cough Preparations
 1762 Cuts
 2002 Decongestants
 1260 Dehydration
 1454 Diarrhea, Age 12 and
 Older
 1705 Eye Injuries
 1253 Fever, Age 3 and Younger
 1455 Fever, Age 4 and Older
 2337 Frostbite
 1759 Heat Exhaustion And
 Heat Stroke

- 1270 How To Take A Temperature
- 2256 Hypothermia
- 2203 Importance Of CPR Instruction
- 1751 Insect And Spider Bites And Stings
- 1458 Nosebleeds
- 2001 Pain Relievers
- 1763 Poisoning
- 1764 Puncture Wounds
- 1766 Removing Splinters
- 1758 Self-Care Supplies
- 1752 Snake Bites
- 1456 Sports Injuries
- 2105 Strains, Sprains, Fractures, And Dislocations
- 1754 Tick Bites

Fitness and Exercise

- 2709 Exercise During Pregnancy
- 1833 Fitness
- 1836 Physical Activity for Older Adults

Headaches

- 1405 Migraine Headaches
- 1404 Tension Headaches
- Healthy Eating
- 2753 Bottle-feeding
- 2751 Breast-Feeding
- 2708 Diet During Pregnancy
- 1831 Dietary Guidelines for Americans-2005
- 2251 Healthy Aging
- 1837 Healthy Eating for Children
- 1853 Healthy Snacks
- 2623 Iron Deficiency Anemia
- 2757 Weaning

Heart and Circulation

- 1908 Atrial Fibrillation (Irregular Heartbeats)
- 1915 Cardiac Rehabilitation
- 1903 Causes of Heart Attack
- 1900 Chest Pain
- 1534 Chest X-Ray
- 1538 Electrocardiogram
- 1532 Exercise Electrocardiogram
- 1901 Heart Attack and Unstable Angina
- 1904 Heart Attack Prevention
- 1907 Heart Failure
- 1909 High Blood Pressure (Hypertension)

- 1832 High Cholesterol
- 1542 Magnetic Resonance Imaging
- 1910 Mitral Valve Prolapse
- 1911 Pacemakers
- 1067 Stroke
- 1081 Stroke Rehabilitation
- 1912 Varicose Veins

Heart Problems

- 1908 Atrial Fibrillation (Irregular Heartbeats)
- 1915 Cardiac Rehabilitation
- 1903 Causes of Heart Attack
- 1900 Chest Pain
- 1534 Chest X-Ray
- 1536 CT Scan of the Body
- 1538 Electrocardiogram
- 1532 Exercise Electrocardiogram
- 1901 Heart Attack and Unstable Angina
- 1904 Heart Attack Prevention
- 1907 Heart Failure
- 1909 High Blood Pressure (Hypertension)
- 1832 High Cholesterol
- 1542 Magnetic Resonance Imaging
- 1910 Mitral Valve Prolapse
- 1911 Pacemakers

Hormones

- 2651 Hormone Therapy
- 2550 Hypothyroidism
- 1112 Polycystic Ovary Syndrome
- 1508 Type 1 Diabetes
- 1500 Type 2 Diabetes
- 1501 Type 2 Diabetes: Living With Complications
- 1502 Type 2 Diabetes: Living With the Disease
- 1503 Type 2 Diabetes: Recently Diagnosed

Immune System

- 1000 Allergies
- 1007 Allergy Shots
- 2336 Atopic Dermatitis
- 2770 Drug Allergies
- 1957 HIV Infection and AIDS
- 2338 Hives
- 1279 Immunizations
- 1959 Living With HIV Infection
- 1033 Lupus
- 1034 Rheumatoid Arthritis

Infant and Toddler Health

- 2436 Alcohol Effects on a Fetus
- 1250 Attention Deficit Hyperactivity Disorder
- 1251 Bed-Wetting
- 2753 Bottle-feeding
- 2751 Breast-Feeding
- 1254 Chickenpox
- 1240 Child Abuse and Neglect
- 1278 Childhood Rashes
- 1256 Circumcision
- 1257 Colic
- 1258 Croup
- 1230 Domestic Violence
- 1264 Ear Infections
- 2165 Ear Tubes
- 1253 Fever, Age 3 and Younger
- 1267 Fifth Disease
- 1268 Growth and Development of the Newborn
- 1269 Hand-Foot-and-Mouth Disease
- 1837 Healthy Eating for Children
- 1279 Immunizations
- 1272 Impetigo
- 2754 Labor, Delivery, and Postpartum Period
- 1274 Measles or Rubeola
- 1275 Mumps
- 1261 Newborn Rashes and Skin Conditions
- 1280 Pinworms
- 1259 Reye's Syndrome
- 2756 Rh Sensitization During Pregnancy
- 1283 Roseola
- 1284 Rubella, or German Measles
- 1287 Sudden Infant Death Syndrome (SIDS)
- 1288 Teething
- 1247 Temper Tantrums
- 1292 Thrush
- 1289 Thumb-Sucking
- 1290 Toilet Training
- 1293 Urinary Tract Infections in Children
- 2757 Weaning
- Lungs and Airways**
- 1983 Acute Bronchitis
- 1000 Allergies
- 1007 Allergy Shots
- 1408 Avian Influenza (Bird Flu)
- 1841 Be Tobacco Free

1534 Chest X-Ray
 1255 Choking Rescue Procedure
 1976 Chronic Obstructive Pulmonary Disease (COPD)
 2007 Cold And Allergy Remedies
 1400 Colds
 2003 Cough Preparations
 1258 Croup
 1536 CT Scan of the Body
 2002 Decongestants
 2770 Drug Allergies
 1002 Food Allergies
 1401 Influenza
 1648 Laryngitis
 1124 Lung Cancer
 1546 Lung Function Tests
 1542 Magnetic Resonance Imaging
 1986 Pneumonia
 1406 Sinusitis
 2403 Sleep Apnea
 2406 Snoring
 1956 Tuberculosis (TB)
 1407 Viral and Bacterial Infections
 1965 West Nile Virus

Men's Health

2034 Benign Prostatic Hyperplasia, or BPH
 2600 Birth Control
 2307 Chlamydia
 1256 Circumcision
 1230 Domestic Violence
 2032 Erection Problems
 2308 Genital Herpes
 2309 Genital Warts
 2310 Gonorrhea
 2033 Infertility
 1128 Prostate Cancer
 1545 Prostate-Specific Antigen Test
 1848 Sexually Transmitted Diseases
 2311 Syphilis
 2036 Testicular Problems
 2167 Transurethral Resection of the Prostate
 2315 Trichomoniasis
 2173 Vasectomy

Mental and Behavioral Issues

1838 Alcohol and Drug Problems

1250 Attention Deficit Hyperactivity Disorder
 1069 Bipolar Disorder
 1240 Child Abuse and Neglect
 1071 Dementia
 2057 Depression
 1230 Domestic Violence
 2052 Eating Disorders
 2059 Grief
 2051 Obsessive-Compulsive Disorder
 2055 Panic Attacks and Panic Disorder
 1070 Schizophrenia
 2063 Social Anxiety Disorder
 1845 Stress Management
 2066 Suicide
 2435 Teen Alcohol and Drug Abuse
 2428 Treatment For Alcohol Use Problems

Pregnancy and Childbirth

2436 Alcohol Effects on a Fetus
 2714 Amniocentesis
 2600 Birth Control
 2720 Cesarean Section
 1535 Chorionic Villus Sampling
 2752 Complications After Delivery
 2704 Danger Signs During Pregnancy
 2708 Diet During Pregnancy
 2157 Episiotomy
 2709 Exercise During Pregnancy
 1504 Gestational Diabetes
 2701 Home Pregnancy Tests
 2700 How to Make a Healthy Baby
 2033 Infertility
 2754 Labor, Delivery, and Postpartum Period
 2717 Miscarriage
 1211 Multiple Pregnancy: Twins or More
 2750 Postpartum Depression
 2426 Precautions During Pregnancy
 2705 Pregnancy
 2756 Rh Sensitization During Pregnancy
 2710 Rubella and Pregnancy
 2719 Stretch Marks
 2707 Symptoms and Stages of Labor

2706 Symptoms and Stages of Pregnancy
 1548 Ultrasound for Normal Pregnancy

Senior Health

1711 Age-Related Macular Degeneration
 1061 Alzheimer's Disease
 2245 Care at the End of Life
 1536 CT Scan of the Body
 1071 Dementia
 2251 Healthy Aging
 2240 Hospice Care
 2261 Ingrown Toenail
 2006 Medications and Older Adults
 1462 Nausea And Vomiting, Age 4 And Older
 1836 Physical Activity for Older Adults
 2004 Prevent Medication Errors
 1291 Urinary Tract Infections in Teens and Adults

Sexual and Reproductive Organs

1547 Abdominal Ultrasound
 2702 Abortion
 2640 Bacterial Vaginosis
 2034 Benign Prostatic Hyperplasia, or BPH
 1531 Breast Biopsy
 2720 Cesarean Section
 2307 Chlamydia
 1535 Chorionic Villus Sampling
 1256 Circumcision
 2752 Complications After Delivery
 1536 CT Scan of the Body
 2156 Dilation and Curettage
 2675 Dysfunctional Uterine Bleeding
 2672 Endometriosis
 2157 Episiotomy
 2032 Erection Problems
 2677 Functional Ovarian Cysts
 2308 Genital Herpes
 2309 Genital Warts
 2310 Gonorrhea
 2674 Hysterectomy
 2033 Infertility
 2754 Labor, Delivery, and Postpartum Period
 2164 Laparoscopy
 1542 Magnetic Resonance Imaging

1107 Mammogram
 2755 Mastitis While Breast-Feeding
 2650 Menopause and Perimenopause
 2678 Menstrual Cramps
 2717 Miscarriage
 2670 Missed Or Irregular Periods
 1211 Multiple Pregnancy: Twins or More
 1111 Ovarian Cancer
 1544 Pelvic Exam And Pap Test
 2312 Pelvic Inflammatory Disease
 2723 Pelvic Organ Prolapse
 1112 Polycystic Ovary Syndrome
 2724 Premenstrual Syndrome (PMS)
 1128 Prostate Cancer
 1545 Prostate-Specific Antigen Test
 1848 Sexually Transmitted Diseases
 2311 Syphilis
 2036 Testicular Problems
 2167 Transurethral Resection of the Prostate
 2315 Trichomoniasis
 2172 Tubal Ligation and Tubal Implants
 2673 Uterine Fibroids
 2643 Vaginal Yeast Infections
 2173 Vasectomy
Sexual Health
 2600 Birth Control
 2307 Chlamydia
 2679 Dysfunctional Uterine Bleeding
 2308 Genital Herpes
 2309 Genital Warts
 2310 Gonorrhea
 1957 HIV Infection and AIDS
 2678 Menstrual Cramps
 2039 Sexual Problems in Women
 1848 Sexually Transmitted Diseases
 2311 Syphilis
 2315 Trichomoniasis
 2172 Tubal Ligation and Tubal Implants
 2173 Vasectomy
 Skin, Hair and Nails

2330 Acne
 1750 Animal And Human Bites
 2336 Atopic Dermatitis
 1755 Blisters
 2332 Boils
 1761 Burns
 1781 Calluses And Corns
 1278 Childhood Rashes
 2333 Cold Sores
 1762 Cuts
 2334 Dandruff
 2770 Drug Allergies
 1267 Fifth Disease
 1002 Food Allergies
 2337 Frostbite
 2346 Fungal Infections
 2031 Hair Loss
 1269 Hand-Foot-and-Mouth Disease
 2338 Hives
 2261 Ingrown Toenail
 1785 Ingrown Toenails
 1751 Insect And Spider Bites And Stings
 1273 Lice
 1033 Lupus
 1261 Newborn Rashes and Skin Conditions
 2344 Psoriasis
 1764 Puncture Wounds
 2343 Rashes
 1766 Removing Splinters
 1296 Scabies
 2349 Shingles
 1129 Skin Cancer
 1752 Snake Bites
 2719 Stretch Marks
 1707 Styes and Chalazia
 2352 Sunburn
 1754 Tick Bites
 2353 Warts
Substance Abuse
 1838 Alcohol and Drug Problems
 2436 Alcohol Effects on a Fetus
 2435 Teen Alcohol and Drug Abuse
 2428 Treatment For Alcohol Use Problems
Teen Health
 1981 Asthma in Teens and Adults
 1250 Attention Deficit Hyperactivity Disorder

1951 Infectious Mononucleosis
 1031 Juvenile Rheumatoid Arthritis
 1274 Measles or Rubella
 1275 Mumps
 1462 Nausea And Vomiting, Age 4 And Older
 1259 Reye's Syndrome
 1284 Rubella, or German Measles
 2435 Teen Alcohol and Drug Abuse
 1291 Urinary Tract Infections in Teens and Adults

Urinary System

1547 Abdominal Ultrasound
 1251 Bed-Wetting
 2034 Benign Prostatic Hyperplasia, or BPH
 2307 Chlamydia
 2570 Chronic Kidney Disease
 1536 CT Scan of the Body
 2155 Cystoscopy
 2310 Gonorrhea
 2576 Kidney Stones
 2164 Laparoscopy
 1542 Magnetic Resonance Imaging
 1128 Prostate Cancer
 1545 Prostate-Specific Antigen Test
 1848 Sexually Transmitted Diseases
 2311 Syphilis
 2167 Transurethral Resection of the Prostate
 2257 Urinary Incontinence in Women
 1293 Urinary Tract Infections in Children
 1291 Urinary Tract Infections in Teens and Adults
 1407 Viral and Bacterial Infections

Weight

1837 Healthy Eating for Children
 1834 Healthy Weight

Wise Health Consumer

2204 Accident And Injury Prevention
 1841 Be Tobacco Free
 1202 Caregiver Tips
 1802 Finding A Doctor Who Will Be A Partner

- 1830 Living A Balanced Lifestyle
- 2006 Medications and Older Adults
- 2004 Prevent Medication Errors
- 1964 Relaxation Skills
- 2503 Shared Decisions About Surgery
- 1800 Skills For Making Wise Health Decisions
- 1835 The Mind-Body Connection
- 1801 Work In Partnership With Your Doctor

Women's Health

- 2640 Bacterial Vaginosis
- 2600 Birth Control
- 1531 Breast Biopsy
- 2720 Cesarean Section
- 2307 Chlamydia
- 2752 Complications After Delivery
- 2704 Danger Signs During Pregnancy
- 2708 Diet During Pregnancy
- 2156 Dilation and Curettage
- 1230 Domestic Violence
- 2675 Dysfunctional Uterine Bleeding
- 2672 Endometriosis
- 2157 Episiotomy

- 2709 Exercise During Pregnancy
- 2677 Functional Ovarian Cysts
- 2308 Genital Herpes
- 2309 Genital Warts
- 1504 Gestational Diabetes
- 2310 Gonorrhea
- 2701 Home Pregnancy Tests
- 2651 Hormone Therapy
- 2700 How to Make a Healthy Baby
- 2674 Hysterectomy
- 2033 Infertility
- 2754 Labor, Delivery, and Postpartum Period
- 1107 Mammogram
- 2755 Mastitis While Breast-Feeding
- 2650 Menopause and Perimenopause
- 2678 Menstrual Cramps
- 2717 Miscarriage
- 2670 Missed Or Irregular Periods
- 1211 Multiple Pregnancy: Twins or More
- 1032 Osteoporosis
- 1111 Ovarian Cancer
- 1544 Pelvic Exam And Pap Test
- 2312 Pelvic Inflammatory Disease

- 2723 Pelvic Organ Prolapse
- 1112 Polycystic Ovary Syndrome
- 2750 Postpartum Depression
- 2426 Precautions During Pregnancy
- 2705 Pregnancy
- 2724 Premenstrual Syndrome (PMS)
- 2756 Rh Sensitization During Pregnancy
- 2710 Rubella and Pregnancy
- 2039 Sexual Problems in Women
- 1848 Sexually Transmitted Diseases
- 2719 Stretch Marks
- 2707 Symptoms and Stages of Labor
- 2706 Symptoms and Stages of Pregnancy
- 2311 Syphilis
- 2680 Toxic Shock Syndrome
- 2315 Trichomoniasis
- 2172 Tubal Ligation and Tubal Implants
- 2257 Urinary Incontinence in Women
- 2673 Uterine Fibroids
- 2643 Vaginal Yeast Infections
- 1120 Women's Cancers



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