

**Spring/
Summer
2017**

Benefit News



Mark Your Calendars!

Wellness Center Open House: Tuesday, 6/13/17, 8am-7pm

Local One Health Fair: Sunday, 6/25/17 (Membership Meeting)

If you have any questions regarding your Welfare, Pension or Annuity benefits, please let us know!

How you can reach us:

- VISIT our Web Site:
www.FundOneIATSE.com
- COME UP to the Fund Office:
320 West 46th Street, 6th Fl.,
between 8th and 9th avenues
- CALL us at : (212)247-5225
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We look forward to hearing from you!

Please join us for an **OPEN HOUSE** for the Local One Wellness Center hosted by our new **Healthcare Coordinator/RN, Mary Kelly**, on **Tuesday, June 13th from 8am to 7pm**. In addition to being a great opportunity to meet and get to know Mary, she will be giving tours of your Wellness Center (located up on the 6th Floor of the Union Hall), featuring our **Telehealth Kiosk** and the new **"Recharge Room"** (see inside for more details).

Attendees will be treated to **Refreshments** (heart healthy of course!) and will receive a **Wellness Center T-Shirt** to help us advertise this very important resource to the rest of the Membership. (Come early to make sure we still have a shirt available!)

Also, please plan to join us for a **Local One Health Fair** which will take place during the **Membership Meeting on June 25th** in the lobby outside the meeting room. The general theme of this Health Fair is ***Nutrition Related Health Issues***, and we will have multiple screenings and opportunities to talk to health professionals including:

- Diabetes, Cholesterol and BMI Screening,
- Speak with a Registered Dietician about Nutrition,
- Ask about Prostate Cancer & Colon Cancer Screening Guidelines, and
- Meet our new Local One Healthcare Coordinator/RN - Mary Kelly!

Please plan to join us and participate in both the Open House on 6/13 and the Membership Meeting Health Fair on 6/25. Mary is looking forward to meeting you!

MEET MARY KELLY!

Local One's Healthcare Coordinator and RN

If you haven't yet had a chance to meet or work with our new Healthcare Coordinator, Mary Kelly, you really should take the time to either come visit her on the 6th floor of the Union Hall, or look her up during the Open House on 6/13 and/or the Membership Meeting Health Fair on 6/25. She is already proving to be a tremendous resource for Welfare Fund participants, and quickly shaping and growing Local One Wellness Center programs and initiatives.

We are very fortunate that Mary brings with her a wealth of experience and knowledge. Mary spent 26 years in the Navy, starting in Naval intelligence, before training to become a Nurse. She retired from the Navy in 2006 after a nursing career of 16 years, and has since worked extensively as a Nurse in the field of Occupational Health, as a Nurse Educator, and recently as a Registered Nurse Leader at the IBEW Local No. 3 Health Clinic in Flushing.

Mary has already been making changes to the Wellness Center and its outreach programs. Her latest brain child is a space she's dubbed the "**Recharge Room**". She has taken a storage room in the Wellness Center and converted it into a quiet private space where participants can come between work shifts to "Relax, Recharge and Renew". The room features comfortable seating, a blue tooth sound system, and calm lighting. Check it out next time you're in the building, or give Mary a call to book a time to use this new resource.

Mary is also promoting the Wellness Center's **Telehealth Kiosk** which you can see pictured here. Participants can access the Kiosk by coming to the 6th Floor, turning right, and ringing Mary's new private doorbell. Give her a call to set up an appointment.

If at any point you need assistance navigating the healthcare system, or have concerns about the medical care you are receiving, please give Mary a call on her direct line:

(212)247-5545



Mary Kelly with Colbert Cambran at the Wellness Center's Telehealth Kiosk. Colbert is wearing the Wellness Center T-Shirt which Mary will be giving away during the Wellness Center Open House on June 13th (see front page).

Open Enrollment for Welfare Fund Coverage

7/01/17 to 6/30/18

If you qualified for medical coverage starting 7/01/17, you should have received an open enrollment package several weeks ago.

Participants who are currently enrolled do not need to fill out an enrollment form unless you need to make a change in dependents or contact information. Your payment to continue coverage is **due by 7/01/17**.

Enrollment forms for **NEW participants** were due by 6/01/17, but you still have the ability to submit your form by the **payment deadline of 7/01/17**. Please note that the closer you get to 7/01/17, the more likely it is that your coverage will not be in place on 7/01/17, or that you will not have your insurance cards delivered on time.

Please note that in all cases, if the Fund does not receive your self-pay premium by 7/31/17, your coverage will be terminated retroactively to 6/30/17, and you will not have another opportunity to elect coverage until the following Plan Year.

Please don't take any chances losing this very valuable benefit. **Remember to make your payment ON TIME!**

The Friedman Health Center for the Performing Arts

Want excellent health care without the song and dance? Created by The Actors Fund in partnership with Mount Sinai, The Samuel J. Friedman Health Center for the Performing Arts is a wonderful addition to the many services provided by The Actors Fund for Local One Members, and a very convenient resource to Local One Members working in the Times Square area.

The Friedman Health Center, located on the 12th floor of 729 7th Avenue (between 48th & 49th Street), will offer primary and specialty care with extended hours that are sensitive to entertainment industry work schedules. The Health Center is staffed by primary care providers and specialists available on a rotating basis. Personalized health insurance counseling, guidance and enrollment support will be available on site through The Actors Fund's Artists Health Insurance Resource Center.

To make an appointment at The Friedman Health Center for the Performing Arts, please call **(212)489-1939**, Monday–Friday, 9:30 am–5:00 pm. For more information and updates, visit **www.actorsfund.org/HealthCenter**.

2017 Wellness Incentive

What you need to do in 2017 to save \$400 in 2018!

Last year Welfare Fund active participants earned a \$100 per quarter reduction on their 2017 self-pay premiums by getting their blood pressure checked and completing the Aetna online health assessment. We are very pleased that the large majority of our active participants are taking advantage of this program, and in doing so, taking positive steps in the management of their health!

There are still some of you who are not receiving the \$100 per quarter health incentive, but the good news is that **IT'S NOT TOO LATE!** As soon as you meet the program requirement, we will start the incentive the very next quarter. So if you meet the program requirements before the end of June, you will receive \$100 off your self-pay premium beginning with the premium due July 1st.

New 2017 Wellness Incentive Requirements

You will need to have a Wellness Visit during 2017 to be eligible for a reduction in your self-pay premium of \$100 per quarter beginning with the self-pay premiums due on January 1, 2018. If you have elected health insurance coverage for your spouse, your spouse will also be required to have a Wellness exam in order for you to qualify for the self-pay reduction.

You may remember that this was the same requirement 2 years ago when we started the Wellness Incentive program, and we intend that this be the requirement every other year to ensure that our participants are periodically consulting with a doctor about their overall health.

The Trustees believe that regular check ups are vitally important to the health of our participants, and also to the collective health of our Local One Welfare Fund. Early detection of chronic diseases like high blood pressure or diabetes generally results in better outcomes for patients, and lower costs for treatment.

Regular Wellness Visits help ensure that we receive recommended screenings and care, and that when we do get sick, we have a doctor and don't end up in an emergency room unnecessarily. (Improper use of ER's is a major source of waste.) This is a win-win for both you and the Fund as a whole.

We hope to see you at the Membership Meeting on Sunday, June 25th, and will be very happy to answer any of your Wellness Incentive related questions in person.

Have you Moved? Changed your Phone or Email?

People lose their Welfare Fund provided health insurance when they don't pay their self-pay premiums on time. The fact that you didn't receive the invoice and reminders because you didn't update your mailing address and phone number *is not* an acceptable excuse. As a participant in the Fund, **you have an obligation to keep your contact information up to date at all times**, both here at the Fund Office, and also at the Union.

The Fund recently mailed a Participant Verification form which is designed to confirm that your contact information is up to date, as well as your beneficiary designations for the Pension and Annuity Funds. If you haven't filled out and returned your form, please do it now! If you need another copy of your verification form, please call the Fund Office at **(212)247-5225**.